

presents:

WHAT'S YOUR VISION? Teenagers, Media, and a Joyful Life



Cardinal Newman Academy Sunday, October 21st 3 to 5 pm

Topics include:

- The science of happiness
- Fundamentals of the adolescent brain
- The social, emotional, intellectual, and moral impact of media on our high school and middle school students
- Ideas for media consumption—customizable by each family—to cultivate joy within their homes

Workshop fee is \$15 per family, materials included. To register, email <u>info@cardinalnewmanacademy.org</u>. For more information, visit <u>shadesmedialiteracyproject.org</u>.